

Insulin Infusion for Neonates

***** Do NOT use a filter*** Use Low Sorbing extension sets*****

Before commencing insulin infusion ensure that ALL the following have been checked	Glucose Conversion $\frac{\text{mls/kg/day} \times \% \text{ glucose}}{144} = \text{mg/kg/min}$	Name: DOB: (Affix Patient Label Here) Hosp No: Consultant:								
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%; text-align: center;">1</td> <td>Blood glucose >12mmol/L with glycosuria +++ or more</td> </tr> <tr> <td style="text-align: center;">2</td> <td>2 Blood glucose readings >12mmol/L</td> </tr> <tr> <td style="text-align: center;">Or</td> <td>Blood glucose \geq 15 regardless of urine glucose</td> </tr> <tr> <td style="text-align: center;">3</td> <td>Glucose intake <10mg/kg/min</td> </tr> </table>	1	Blood glucose >12mmol/L with glycosuria +++ or more	2	2 Blood glucose readings >12mmol/L	Or	Blood glucose \geq 15 regardless of urine glucose	3	Glucose intake <10mg/kg/min		
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2	2 Blood glucose readings >12mmol/L									
Or	Blood glucose \geq 15 regardless of urine glucose									
3	Glucose intake <10mg/kg/min									
If the volume of the insulin infusion represents a substantial proportional of daily fluid intake the concentration of insulin should be increased and volume decreased accordingly.		Working weight: kg								

Single Strength Insulin Infusion	0.1 unit in 1 mL	Add 5 units of insulin to 50ml glucose
Double Strength Insulin Infusion	0.2 units in 1 mL	Add 10 units of insulin to 50ml glucose
Quadruple Strength Insulin Infusion	0.4 units in 1 mL	Add 20 units of insulin to 50ml glucose

- **When drawing up use a dedicated insulin syringe showing units not mls, Do Not use a filter, use a low sorbing set or prime set (see below)**
- **Commence infusion at 0.04 units/kg/hour**
- **Check blood glucose within one hour of starting**
- **Increase by 0.02 units/kg/hr until blood glucose decreasing by at least 1mmol/l between blood samples**
- **If blood glucose not falling as expected, and/or an insulin infusion rate of 0.2units/kg/hour is required, ensure appropriate insulin delivery e.g. Check pump, check lines and IV site, ensure no filter, ensure compatible with other infusions**
- **Target blood glucose whilst on insulin is 7 to 12 mmol/l**

Date and time	Strength of infusion	Amount of insulin required	Prescriber's Signature & Bleep No.	Batch number and expiry date of glucose 5%	Batch number and expiry date of insulin	Expiry date and time of infusion	Prepared by	Checked by
		units						
		units						
		units						
		units						

To prevent hypoglycaemia - If blood glucose is: 7 to 12 mmol/l and stable - maintain infusion rate 7 to 12 mmol/l and decreasing - reduce infusion rate by 0.02 units/kg/hr 4 to 6.9 mmol/l - reduce infusion rate by 50% from present rate, or stop if on lowest infusion rate <4 mmol/l - stop infusion Recheck blood glucose within 1 to 2 hours of reducing the dose, then check every 2 to 4 hours until stable	Priming the giving set Prime the administration line with diluted insulin solution (as per prescription) and leave for 10 minutes then flush the line through with 5-20mL insulin solution before connecting to the patient. Repeat procedure when lines are changed.
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To prevent hypoglycemia if blood glucose is:

- 7 to 12 mmol/l and stable** - maintain infusion rate
- 7 to 12 mmol/l and decreasing** - reduce infusion rate by 0.02 units/kg/hr
- 4 to 6.9 mmol/l** - reduce infusion rate by 50% from present rate, or stop if on lowest infusion rate
- <4 mmol/l** - stop infusion

Recheck blood glucose within 1 to 2 hours of reducing the dose, then check every 2 to 4 hours until stable

Blood Glucose Monitoring

Date	Time	Blood Glucose (mmol/L)	Current Insulin Dose (units/kg/hr)	Updated Insulin dose (units/kg/hr)	Insulin rate prescription (signature and bleep)	Checked by