The Yorkshire and Humber Neonatal Operational Delivery Network

Storage and Preparation of Milk Feeds Crib sheet for Parents/Carers

Parent/Carer have received, read, and understood a copy of the information provided by the unit

Hygiene- Parent/Carers understand and can demonstrate the correct handwashing technique and use this prior to preparing and giving my baby a milk feed.

Preparation of equipment – Parent/Carers understand and can demonstrate the correct sterilization process of equipment required to feed their baby (adhere to local unit policy).

Preparation of feeds -Parent/Carers:

- know how to prepare their baby's milk feeds
- know and understand how to warm/defrost their baby's milk feeds

Milk storage- - Parent/Carers understand and can demonstrate the correct milk storage process (adhere to local unit policy)

- know where to collect their baby's milk from
- have been shown how to label their baby's milk
- know how to store their baby's milk in hospital
- know how to store their baby's milk at home

Documentation - Parent/Carer: The documentation for giving their baby milk may be different in each unit

- understand and can demonstrate how to document their baby's milk feeds

Safety issues -Parent/Carer:

- understand what to do if they give their baby the incorrect milk
- understand what to do if they give their baby the incorrect amount of milk

Staff

• Parent/carers have received training, been assessed, and feel safe and able to undertake the storage and preparation for their baby's milk feeds. Parents/carers are willing to take responsibility for storing and preparing their baby's milk feeds without supervision.

Please sign separate competency document