The Yorkshire and Humber Neonatal Operational Delivery Network

Baby monitoring Crib sheet for Parents/Carers

Parent/Carer has received, read, and understood a copy of the information provided by the unit

Hygiene - Parent/Carer understands and can demonstrate the correct handwashing technique and use this prior to preparing to carry out monitoring for their baby

Preparation – Parent/Carer can gather the correct equipment to monitor their baby:

- Thermometer
- ECG leads
- Saturation probe
- Posey Wrap
- Apnoea alarm lead

Oxygen saturation probe - Parent/Carer:

- understand that the oxygen saturation is measured through a probe which is placed on the hands or feet
- understand that the 2 sides of the probe need to be flat against their baby's hand/wrist or foot with the light opposite each other. This is then secured firmly, but not too tight with a posey wrap.

ECG leads - Parent/Carer:

- understands that their baby's heart rate is monitored using 3 leads which are placed on the baby's body.
- understands where and how the leads are placed on the baby's body.
- understand that if one of the leads falls off the monitor may alarm.

Apnoea monitor - Parent/Carer:

- understand that the lead is secured with tape on the lower part of their baby's tummy.
- understand that they can disconnect the lead from the monitor when their baby has cuddles or feeds.
- understand that a member of staff will respond immediately if the alarm sounds.

Understanding and taking Temperature - Parent/Carer:

- understand that their baby's temperature will be taken with a thermometer which is placed under their baby's arm.
- Can remove the probe from the machine and put a new cover on it.
- understand that the probe should be placed under their baby's armpit ensuring that their arm is held in position over the probe until the temperature is recorded.
- understand temperature ranges and know to speak to staff if their baby's temperature is out of range.

Documentation - Parent/Carer:

- know where to document their baby's monitoring.

Safety issues - Parent/Carer

- understand that as a parent they will not adjust the alarm limits or silence the monitors.
- know to speak to staff if the thermometer isn't working
- know to speak to a staff member if their baby's temperature is out of range (refer to local guideline)
- know what to do if they are unable to get a temperature reading on your baby.

Staff

- **Parents/Carers have received training, been assessed, and feel safe and able to undertake monitoring my baby. Parents/Carers are willing to take responsibility for monitoring their baby without supervision**